

Good morning TCS families,

I'm writing this morning to express sadness about the news of an unprovoked and planned Russian invasion of Ukraine after weeks of hoping it would not come to fruition. I want to acknowledge how this has caused anxiety for all, in an already anxiety fueled few years.

As you know, our TCS teachers are prepared to support our students' concerns and curiosities, and the conversations that are taking place are always intended to quell fear and give information in developmentally appropriate ways.

In middle school, our students are aware, in various capacities, about this conflict and what it could mean on the world stage. War is an abstract concept for most of our students, but they are hearing words of 'bombings' and 'World World Three', causing confusion without context. The middle school students came to class yesterday informed but filled with curiosity and confusion. As educators, we help navigate these emotions, while doing our best to explain in ways our students can understand.

Of course, for our younger students, our teachers are mindful that while some families may be having these conversations to varying degrees, other families might not be. We recommend that teachers and parents support active listening. 'Listen to what they're asking, and don't give more information than they are asking for. We humans have a habit of oversharing, this is a situation when that's not necessarily helpful. (metro.com.uk). In our early grades, it is likely that students will not have questions as families will likely not be exposing young children to this news.

We have supplied our teachers with the following resources, which hopefully will be helpful for you as well:

- [How to Talk With Students About the Russia-Ukraine War: 5 Tips](#)
- [How to talk to children about what's happening in Ukraine and World War Three anxiety](#)
- [Resources For Educators, Families To Discuss The Events In Ukraine With Students](#)

As we go into this weekend, please know we continue to prepare for conversations ahead and we are here for you.

All my best,

